

Annual Benefits Enrollment Checklist

Dates: September 26 to October 21, 2022

For: Benefits Changes Starting January 1, 2023

Prepare

- Check your current benefits enrollments at my.wisc.edu (click **Benefit Information**).
- Attend the [Benefits 2023: What you need to know](#) presentation or watch the recorded session.
- Make sure your providers will be in network next year (health/dental/vision).
 - Action Required: If you are currently enrolled in a plan with WEA Trust as the carrier or the Access Plan, you must act during ABE or you will not have health insurance coverage in 2023.**
- See new insurance prices on UW System's website: wisconsin.edu/abe.

Decide

- You must **enroll every year** if you want to **start or continue these benefits**:
 - Health Insurance Opt-Out Incentive*
 - Health Savings Account (HSA) *
 - Limited Purpose Flexible Spending Account (LPFSA)*
 - Health Care Flexible Spending Account (Health FSA)**
 - Dependent Day Care Flexible Spending Account (Dependent FSA)**
- You can enroll, change, or cancel:
 - State Group Health Insurance with or without Uniform Dental (preventive dental)
 - Preventive Dental (stand-alone plan available to those not enrolled in State Group Health)
 - Supplemental Dental (major/restorative dental coverage only)
 - Supplemental Vision through Delta Vision
 - Accident Plan through Securian
 - Accidental Death & Dismemberment (AD&D) Insurance
 - Flexible Spending Accounts (FSA) – Health, Limited Purpose, Dependent Day Care
- If you **are already enrolled in** Individual & Family Life Insurance, you can increase your coverage. The Annual Benefits Enrollment period does not offer a new enrollment opportunity for life insurance if you are not already enrolled.

Act

- Choose your 2023 benefits at my.wisc.edu (click **Benefit Information**).
- You must save and then submit all 2023 benefits **by 4:30pm on October 21, 2022**.
- Make sure your Confirmation Statement is correct. (You will get an email 24-48 hours after you submit your choices; the email will tell you how to find your Confirmation Statement for benefits that start January 1, 2023). Contact the [human resources office](#) in your school, college, or division with questions.

* Only available to employees eligible for Wisconsin Retirement System (WRS) benefits

** Not available to non-service appointees (Fellows, Scholars, Trainees, Post-Doctoral Fellows/Scholars/Trainees and Grad Interns/Trainees) and University Staff-Temporary appointments