



## Caij Qhib Nkag los Pauv Paj Kas Phais 2025

**Caij:** Cuaj Hlis tim 30–Kaum Hli tim 25, 2024

**Rau:** Cov Paj Kas Phais Pauv Pib Ib Hlis xiab 1, 2025

### Npaj

- Xyuas cov koj muaj tam sim no hauv [my.wisc.edu](http://my.wisc.edu) (nyem daim **Benefit Information**).
- Koom mloog qhov [Benefits 2025: Koj yuav tsum paub muaj dab tsi pauv](#) piav qhia los saib ib qho kaw tseg.
- Xyuas kom cov chaw koj mus ntsib nyob hauv qhov *network* xyoo tom ntej xws li kuaj mob/hniav/qhov muag (*health/dental/vision*).
- Saib cov nqi them yuav paj kas phais hauv *UW System* lub *website*: [wisconsin.edu/abe](http://wisconsin.edu/abe).

### Txiav Txim

- Koj yuav tsum **teev ntawv txhua xyoo** yog koj xav kom muaj **tshiab los muaj ntxiv cov nram no**:
  - Nyiaj pub tsis yuav paj kas phais kuaj mob (*Health Insurance Opt-Out Incentive\**)
  - Nyiaj tso tseg them nqi kuaj mob vim yuav qhov *HDHP (Health Savings Account (HSA)\**)
  - Nyiaj tso tseg them nqi (*Limited Purpose Flexible Spending Account (LPFSA)\**)
  - Nyiaj tso tseg them nqi kuaj mob (*Health Care Flexible Spending Account (Health FSA)\*\**)
  - Nyiaj tso tseg them nqi (*Dependent Day Care Flexible Spending Account (Dependent FSA)\*\**)
- Koj nkag rau, pauv, los tawm tau:
  - Paj kas phais kuaj mob nrog los tsis nrog qhov kuaj hniav *Uniform Dental (preventive dental)*
  - Paj kas phais kuaj hniav nkaus xwb (nws muaj rau cov tsis yuav paj kas phais kuaj mob)
  - Paj kas phais kuaj hniav ib cag (them rau tej qhov loj/kho kaus hniav nkaus xwb)
  - Paj kas phais kuaj qhov muag/txiav iav ib cag hauv *Delta Vision*
  - Paj kas phais pov hwm tus kheej thiab tsev neeg (*Individual and Family Group Life Insurance*)
  - Paj kas phais pov hwm yuam kev raug (*Accident Plan*)
  - Paj kas phais pov hwm yuam kev raug (*Accidental Death & Dismemberment (AD&D) Insurance*)
  - Nyiaj tso them nqi (*Flexible Spending Accounts – Health, Limited Purpose, Dependent Day Care*)

### Teev Ntawv Nkag los Pauv

- Xaiv koj cov paj kas phais rau 2025 hauv [my.wisc.edu](http://my.wisc.edu) (nyem qhov **Benefit Information**).
- Koj yuav tsum xa cov pauv rau 2025 tsis pub **dhau 4 teev 30 tsaus ntu, Kaum Hli tim 25, 2024**.
- Xyuas kom koj daim *Confirmation Statement* muaj yog li xaiv. (Koj yuav tsum tau txais ib tsab *email* 24-48 xuabmoos tom qab koj xa cov ntawv teev yuav; tsab *email* yuav qhia tias koj nrhiav tau koj daim *Confirmation Statement* muaj cov paj kas phais koj yuav pib lub Ib Hlis xiab 1, 2025 nyob qhov twg). Hu rau koj ceg haujlwm lub [human resources office](#) yog koj muaj lus nug.

### Mus saib hauv [benefits.wisc.edu/2025](http://benefits.wisc.edu/2025) kawm ntxiv.

\* Muaj rau cov neeg ua haujlwm tau txais nyiaj laus rau hauv *Wisconsin Retirement System (WRS)* nkaus xwb

\*\* Tsis muaj rau cov neeg ua haujlwm nyob hauv cov pawg *non-service appointments (Fellows, Scholars, Trainees, Post-Doctoral Fellows/Scholars, most Post-Doctoral Trainees and Grad Interns/Trainees)* thiab cov *University Staff*-Ua ib nyuag ntu.