



Theresa Kim
theresa.kim@wisc.edu





Why Coaching Circles?

Different Flavors of Coaching

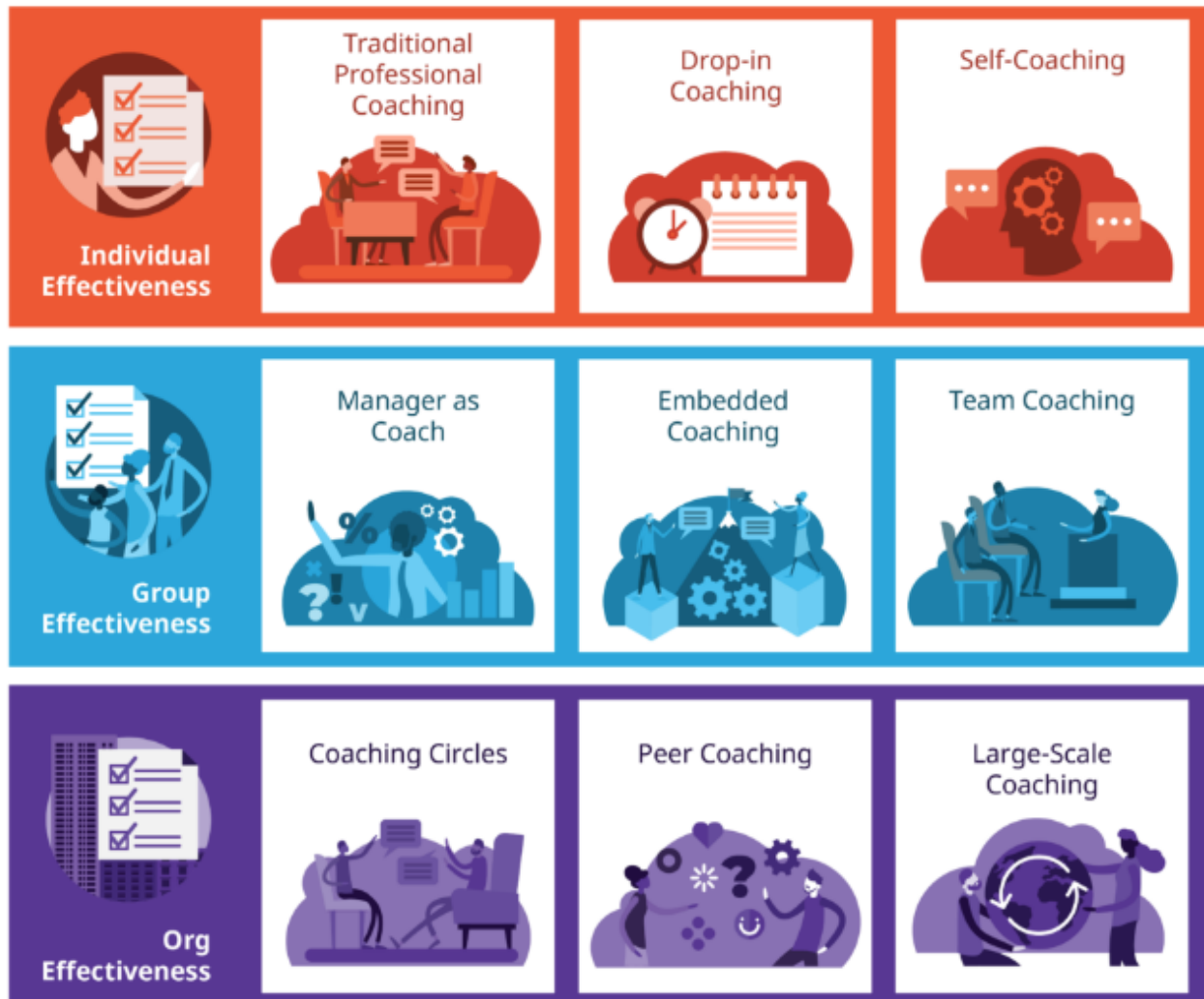


Figure 1: 9 Coaching methods from the research | Source: RedThread Research

Multi-Faceted Gem



Coaching Circles



Case Giver

Share your challenge.

What are your highest hopes?

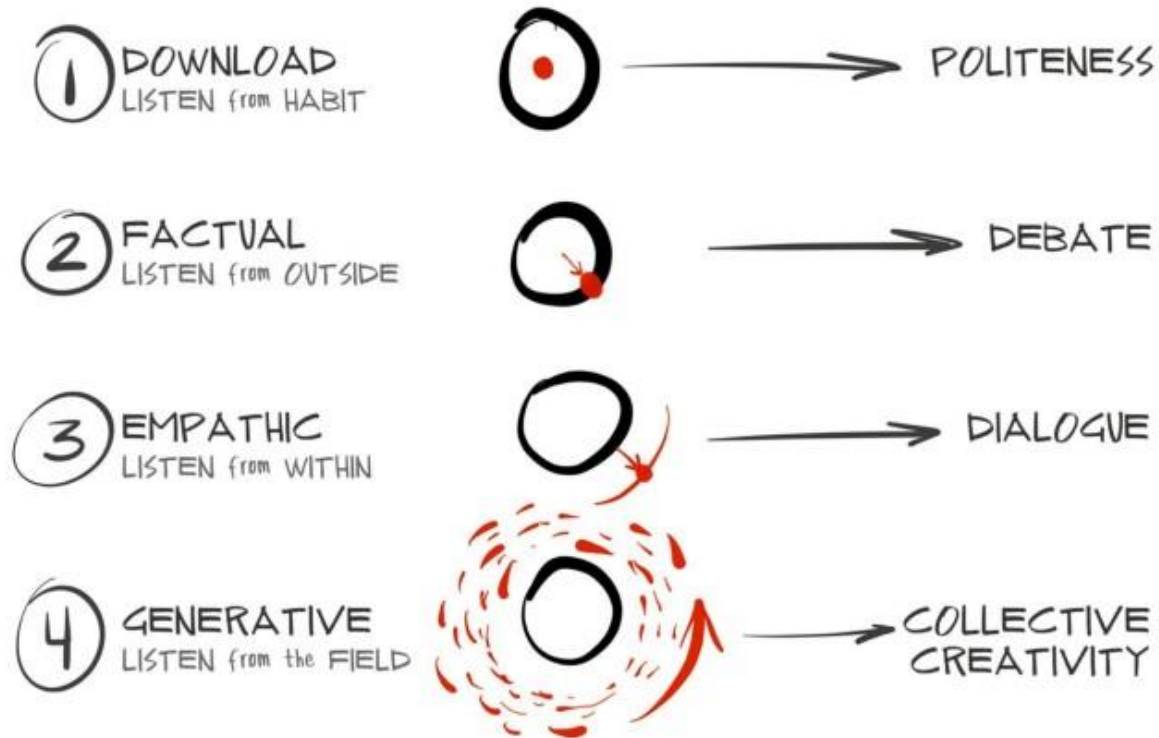
Where is your learning edge?

Peer Coaches

Drop to deeper level of listening.

Remain silent.

FOUR LEVELS of LISTENING & CONVERSING



Steps

Case Giver

Share your challenge.
What are your highest hopes?
Where is your learning edge?

Peer Coaches

Drop to deeper level of listening.
Remain silent.

Everyone

Sit for 2 minutes in silence. (Case Giver time).

Peer Coaches

Provide mirroring:
Perspective or lens on situation
NOT advice
Deep place of possibility and potential



Agreements



Confidentiality is crucial!

Permission to be wildly unpolished and embrace imperfection.

Lean into the potentially uncomfortable process.

Be mindful of speaking without judgement and certitude.

What else?

Questions?



Resources



The Immediate Future of Coaching: making coaching more scalable, inclusive, and affordable

A Bold Solution: The Coaching Circle